

Durata: 20 ore. La durata indicata è da ritenersi indicativa rispetto ad una valutazione media di fruizione dei suddetti corsi.

Destinatari: English Fitness - Every day life si rivolge ad utenti che desiderano fare un ripasso generale delle strutture grammaticali.

Obiettivi: L'allenamento della lingua inglese attraverso un ripasso delle strutture grammaticali e l'utilizzo della lingua Inglese in situazioni concrete di vita quotidiana.

Contenuti: Il corso è costituito da 30 units, ognuna sviluppata su situazioni specifiche dell'Everyday life.

Unit 1	A friend arrives	"To be", "have got", regular verbs (affirmative), short answers ("to be", "have got"), question words ("to be", "have got")
Unit 2	Breakfast time	Object pronouns, possessive adjectives, frequency adverbs, verbs: 3rd person singular spelling changes
Unit 3	Real English food	Present simple, question words, short answers with "do", "some" / "any" (introduction)
Unit 4	A testing situation	Adjectives and adverbs of quantity, "can"
Unit 5	The romance advisor	Countable / uncountable, "some" / "any", quantifiers: "much", "many", "little", "a little", "few", "a few", expressing desires and preferences: "would like"
Unit 6	A room of her own	Present continuous, building the -ing form, uses of the present continuous, spelling changes of verbs with –ing, present continuous vs present simple
Unit 7	Who's doing the chores?	"to have", "have got", special expressions with "to have", "have to" for obligation
Unit 8	The big make- over	Imperative, giving directions, giving instructions, instructions with impersonal "you"
Unit 9	Here comes David	Past simple: "to be", time expressions with the past simple (on, in, last, when, ago, yesterday)
Unit 10	In good hands	Past simple of regular and irregular verbs, spelling variations in past regular verbs
Unit 11	Mad about him	Possessive pronouns, Saxon genitive, "what" /"which"

Unit 12	A father- daughter chat	Adjectives, "seem" / "look" + adjective, "should"
Unit 13	A not-so- typical man	The comparative form
Unit 14	A fancy dress	Superlative: forms and exceptions
Unit 15	Too tired to do anything!	Future with "will" and "shall", the future with "going to", difference between "will" and "going to"
Unit 16	Love sickness	Question tags with "to be", with present simple, asking about the subject and asking about the object, verbs with two objects
Unit 17	Just friends?	Auxiliaries "be", "have" and "do" and other ways to avoid repetition ("I think so / I don't think so"," I hope so / I hope not"), emphatic "do",
Unit 18	Waiting for Lucy	Talking on the phone, "hope" / "expect" / "wait for" / "look forward to", question words + prepositions at the end
Unit 19	Not a traitor	Modal verbs expressing ability, permission, possibility, certainty, advice, responsibility and obligation, "to be good at" / "to be bad at"
Unit 20	A dream travel	Review of the future tenses, prepositions of place and movement
Unit 21	The Tuscan sun	Different uses of "like" ("to like", "would like", "to look like", "to be like" and "what is he like?" vs "how is he?")
Unit 22	A welcome guest	Past continuous, "let / make someone do something", "so" and "such" ("so that", "such that")
Unit 23	This is such a treat!	Review of modal verbs that express probability, possibility and certainty, "can" and "be able to", "to be supposed to do something"
Unit 24	Neighbour or boyfriend?	Habitual activities in the past ("used to" vs "to be used to + ing"), "going to" in the past, revision of question tags
Unit 25	Out of tune	Review of comparative and superlative forms, comparing adverbs, nouns and verbs
Unit 26	The winner takes it all	The present perfect + for / since, use of the present perfect
Unit 27	Jealousy	Present perfect vs past simple, relative pronouns (also defining and non-defining relative clauses)
Unit 28	Heading to Australia	Verb + infinitive / verb + -ing, zero conditional, first conditional, time clauses with present simple ("when" / "if" /"as soon as", "unless")
Unit 29	Looking for a new job	Present perfect continuous, expressing duration with the present perfect and the present perfect continuous
Unit 30	Greetings and departures	Phrasal verbs (classification, separable / non-separable), second conditional

Certificazione/Attestato: Al termine del corso viene rilasciato un Attestato di frequenza.